

HCPS 2022 BLACK HISTORY MONTH

BLACK HEALTH AND WELLNESS



WEBINAR SERIES (1 OF 4)

Mental Health Barriers in Communities of Color

Mental health is an essential part of the overall physical health and satisfaction. The Black community suffers from an increased rate of mental health concerns, including anxiety and depression. In this session, we will discuss the research, barriers and treatment associated with mental health.

Date: February 1, 2022

6:00 PM

Register in advance:

<https://bit.ly/3JLLIhs>

